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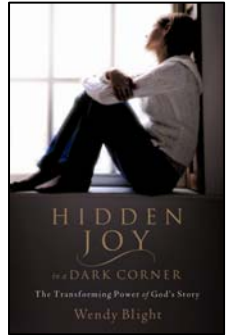
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## From Fear to Faith:

One Woman's Powerful Story of Healing and Restoration

Los Angeles, CA - If God has authority over all things, many believe nothing happens outside of His plan. This brings reassurance, comfort and security to many. But for **Wendy Blight**, it created confusion and anger after a random act of violence changed her life forever.

In her book, *Hidden Joy in a Dark Corner* (Moody Publishers), Blight recounts the terrifying night in college when a masked intruder physically and sexually assaulted her at knifepoint in her home. This traumatic event turned her life upside down, leaving her filled with rage, confusion and paranoia. Though she lived in fear for many years, even afraid to stay alone in her home, she was eventually able to overcome her strongholds.



"For years, I lived like I was stumbling around in complete darkness. I had no order, no direction, and no clarity in my life. In my confusion, I cried out to God and learned to rely on my faith, the Bible and prayer. I realized God could use my pain and brokenness for His purpose, that He loved me and grieved with me and wanted to heal me," says Blight. During this time she married her college sweetheart, graduated from law school, and started a family.

Through *Hidden Joy in a Dark Corner*, Blight desires for every woman to know that there is no circumstance too difficult, no choice too reprehensible, and no pain too deep for healing. Readers will receive practical advice in many areas, including how to:

- Overcome paralyzing emotions like fear, bitterness, doubt and forgiveness
- Understand God's love, biblical truth and prayer
- Trust in God's sovereign plan for your life and His ability to use all circumstances for His will
- Identify and practice the release of emotional and spiritual strongholds
- Help family and friends whose loved ones are dealing with difficult circumstances

"I want women to know that their trials and suffering have a purpose beyond what they see from their limited perspective. My comfort came in knowing God did not cause this to happen but God used this attack to help me overcome a life-long struggle with fear. God was not going to just take away my fear, He needed me to work through it so I could encourage others," says Blight.

Proof of overcoming her fear came years later when she returned home one morning to find someone had broken into her home. Instead of returning to her place of paralyzing fear, Blight experienced a refreshing sense of God's peace and security.

Blight also shares advice for those who know someone struggling with a painful situation saying, "The best thing someone could have offered me during those difficult years was to listen, love and support me. You don't have to feel the need to fix the situation or make it better: patience and love will carry the person along," says Blight.

*Hidden Joy in a Dark Corner: The Transforming Power of God's Story* by Wendy Blight  
Release Date: February 2009. Price: \$13.99, 208 pages, Format: Paperback ISBN: 0-8024-1496-6 ISBN-13: 978-0-8024-1496-0

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Wendy Blight and her husband of twenty years, Monty, live in Charlotte, North Carolina, where they are raising their two children. In addition to being a wife and mother, Wendy is a speaker and writer. Before moving to Charlotte, she practiced law in Dallas, Texas for several years. Since moving to Charlotte, Wendy has been actively involved both leading and teaching Bible studies, as well as speaking to churches and Christian organizations. For the past several years, Wendy has worked with Proverbs 31 Ministries in various capacities within the speaking ministry. Her official website is [www.wendyblight.com](http://www.wendyblight.com).

### **Interview Questions**

1. Why did you decide to share a private and sensitive event that happened in your life? What were some difficulties you dealt with when recounting these events?
2. Could you describe your life in the months and years following this event and what happened with the evidence to your case?
3. What is your advice for women searching for answers to questions about pain and brokenness in their lives?
3. In your book, you challenge God with some very tough questions about why He allowed this to happen in your life. Did you find those answers?
4. In your experience of speaking and teaching women, what are some of the misconceptions you find that women have about why God allows suffering and trials in our lives?
5. You say we should not focus on the question but on God's plan and reassurance. What do you mean by this?
7. In your book, you reveal how you lived in paralyzing fear for many years until you discovered you were freed after an unexpected event. What happened?
8. You include some of the marvelous and wonderful things God has done in your life since the attack. You go as far as to say that you would live through it all again if it meant you would be the woman you are today. That seems unbelievable. Can you explain?
9. How did you share this event with new friends and your children? What was their reaction?
10. What is your advice for those who know someone struggling with pain or loss in their life?

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