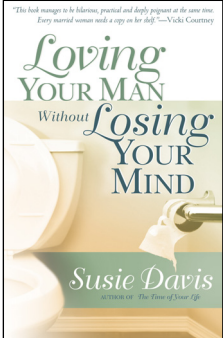


FOR IMMEDIATE RELEASE:

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When Your Dream Man is Driving You Crazy

Pastor's wife helps women understand how to keep marital sanity



Austin, TX — Women desire romance and affection, evidenced by their selection of music, movies and books. The romance novel business pulls in over \$1 billion dollars annually, with many women getting lost in imaginary love stories (Romance Writers of America 2007). However many women often find the reality of romance in marriage is far less than what they expected.

In response, author **Susie Davis** offers *Loving Your Man Without Losing Your Mind* (Regal Books), a relationship resource for women who are ready to overcome the trials and tribulations of marriage.

Davis takes a magnifying glass to her own imperfect family—married to her husband Will for 22 years with three children, she highlights common counter-productive relationship tendencies like “impatient unfriendliness” and “emotional authenticity,” among others.

Finding humor in the common and often annoying differences between men and women, Davis believes relational strength and patience is found foremost in a vibrant spiritual life. “If you’re willing, marriage can make you a more loving, more joyful and a spiritual person. Being committed to love and honor a person for ‘as long as you both shall live’ is the most effective way to learn unconditional love,” she says.

Loving Your Man Without Losing Your Mind offers straight talk, encouragement and hope, as Davis takes weighty spiritual and relational ideas and molds them into practical life application including the following topics:

- ◆ Discover Your Marital Fingerprint
- ◆ Remember Your Husband is Hot to Someone So Remind Him That He is to You
- ◆ A Sex Drought Creates Relational Disaster
- ◆ A Wife’s Priorities: Husband Before Children
- ◆ Staying Motivated as a Career Wife in Your Marriage
- ◆ Managing the Power of Money in a Marriage
- ◆ Dealing with Differing Family Cultures, Influences and Dysfunctions

"Loving Your Man Without Losing Your Mind provides biblical perspective, real-life application, laughter and hope to women who want to love their husbands well. I would encourage every woman to read Susie's book!"
-DENNIS RAINEY, President, FamilyLife

Davis used Internet technology to assist with research and encouragement for her book. She assembled a diverse group of four married women she called her “e-group,” including women married from six months to 20 years—who provided Davis feedback after every chapter, making the book interactive with multiple, well-balanced perspectives. In addition, the end of each chapter includes a Q&A section for group discussion.

Susie Davis is the director of Susie Davis Ministries, an event, resource and web based ministry designed to encourage people to love God, others and self. (Mark 12:30-31) A frequent speaker, Susie also team-teaches with her husband Will, the senior pastor at Austin Christian Fellowship. Susie and Will have been married 22 years and have three children. Visit www.SusieDavisMinistries.com

About *Loving Your Man Without Losing Your Mind*:

Loving Your Man Without Losing Your Mind by Susie Davis. Published by Regal Books. September 2007. Paperback, 208 pages. \$14.99. ISBN: 978-0-8307-4371-1.

About Susie Davis

Author of *Loving Your Man Without Losing Your Mind*

Susie Davis is an author, national speaker, wife and mother of three.



She is the director of Susie Davis Ministries, an event, resource and web based ministry designed to encourage people to love God, others and self. (Mark 12:30-31) A frequent platform speaker for retreats, conferences and workshops, Susie also team-teaches with her husband Will, the senior pastor at Austin Christian Fellowship, a church they founded in 1993. Susie and Will have been married 22 years and have three children, Will III, Emily and Sara.

In addition to *Loving Your Man Without Losing Your Mind*, Susie is the author of *The Time of Your Life: Finding God's Rest in Your Busy Schedule* (2006) and the co-author of *Teen Virtue: A Teen Girl's Survival Guide to Relationships*, *Between: A Girl's Guide to Life*, *TeenVirtue Confidential: Your Questions Answered About Guys, God and Getting Older*.

Susie writes a weekly column in *The Four Point News* (an area Austin newspaper) entitled "Everyday Truth, Everyday Joy" and maintains a blog at www.SusieDavis.Blogspot.com. Susie is a sought after speaker, often reaching a national audience. A spiritual linguist, she encourages people to hear God and see God in their everyday lives. Her passion is to help people grow spiritually through her writing and speaking.

Susie Davis: Wife & Mother

You're just as likely to find Susie at the grocery store picking up dinner for her family as you are speaking to an audience of hundreds. She is a wife and mother, relishing the job of building a family above all else. Susie and Will met in their hometown of Austin, Texas at the church they both attended growing up. Both Susie and Will felt a call to ministry in their teens, and Will dreamed of marrying Susie after college, assembling a ministry team and traveling the world in a yellow school bus.

Susie politely declined, wishing instead to live in a house with a family. The two broke-up, but after bearing severe separation anxiety for two whole days, they got back together and were engaged within months. They married and have been building churches ever since, with Austin Christian Fellowship being the culmination of their life dream.

They have a son, Will III, a junior in college and two daughters, Emily and Sara, who are in high school and junior high, respectively. The kids are just as in love with the local church as their parents. Will III is a gifted musician and is considering full time Christian ministry. Emily has a passion for missions and shares her mother's dramatic flair acting in plays at school and church. She ride horses for fun, goes to the lake with friends, and kindly carts her sister all around town for her author mom. Sara loves and rides horses, just like her mom and sister. She plays the guitar—most often quite loudly when her brother visits from college—and is quite possibly the happiest person alive.

For more information about Susie, visit www.SusieDavisMinistries.com

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Behind the Book: Q&A with Susie Davis

*Author of **Loving Your Man Without Losing Your Mind***

What's the inspiration for *Loving Your Man Without Losing Your Mind*?

My writing starts with real life. And that translates into inspiration when I get desperate to understand how to do things God's way in my life instead of my own. In this case, I realized that being married for a good long while didn't ensure that I could coast in my relationship with my husband.

Why are you passionate about marriage?

The marriage relationship is the one human relationship meant to outlast all others. And it is the one relationship meant to take priority over all others—so my thought is that we should really enjoy it! I want to really love Will. And I want to “do” marriage right. The marital relationship spills over into so many other important areas of life. It influences our children, our extended families, and our own levels of happiness.

What event triggered your desire to write this book?

My husband Will and I were sitting at the table early one Saturday morning having a “discussion” about a certain topic that always elicits a lot of emotional conflict. Right in the middle of the argument, I looked up at him and told him he was driving me absolutely crazy! He laughed, I cried and the book was born.

See, I believe I married the love of my life and the man of my dreams—but that doesn't mean they aren't occasions when he really does drive me crazy. And conversely, there are times I drive him crazy. So we both realize we need a lot of help to make our marriage last for a lifetime and the only way to do that with any guaranteed success is to go to God for direction.

Who is your audience, and why will they be excited about it?

This book is for women. It's for wives who deal with communication problems, disillusionment, passion issues and those inevitable hot spots of conflict that pop up in marriage. It's for women who would like to feel passion for their man again—the way they did in the beginning. And it's for wives who struggle to put their husbands first while raising kids, working a job, taking care of extended family and the like. While reading, they'll get practical application on how to love their husbands with an abundance of understanding and grace—and they will laugh along the way.

How would you like your book to impact the world?

My big God dream for the book is to help couples stay married and enjoy their marriage for “as long as they both shall live.” In a society that begs us to believe that marriage is outdated and unnecessary, I would say the book communicates that marriage is one of God's greatest ideas. And for those struggling through an unhappy marriage, I would say, “Don't give up!” God has amazing plans for the relationship, plans for a hope and a future. Expect a bright future ahead, even in your marriage.

What's unique about your book?

At the end of every chapter there are 4–6 discussion questions to encourage women to think about how to incorporate the chapter information into their own marriages. These questions are wonderful for small group discussions and Bible studies. They also work nicely for individuals to reinforce awareness of what they finished reading.

Also, while writing the book, I had four fabulous women preview and provide input on how the chapters translated into their marriages. They responded weekly with some of the most authentic, touching responses so at the end of every chapter, you'll read how that particular chapter impacted another woman in her relationship with her husband.

Endorsements:

Loving Your Man Without Losing Your Mind

“This is a must read book for the woman who wants to love the man of her dreams! God has given godly women a wonderful power to support, encourage, and whole-heartedly love their husbands. How do you do this? *Loving Your Man Without Losing Your Mind* provides biblical perspective, real-life application, laughter and hope to women who want to love their husbands well. I would encourage every woman to read Susie’s book!”

—**DENNIS RAINEY, President, FamilyLife**

“Susie’s insights and advice are spot on. Having worked with thousands of couples in my career as a marriage and family therapist, I am thrilled to see a book of this caliber come on the market.”

—**RICK REYNOLDS, LCSW**

“This book manages to be hilarious, practical and deeply poignant at the same time. Every married woman needs a copy of her shelf.”

—**VICKI COURTNEY, Founder, Virtuous Reality Ministries**

For an interview with Susie Davis, contact Ben Laurro at Pure Publicity at 818.753.4056 or Ben@purepublicity.com.

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Interview Questions for Susie Davis

Author of *Loving Your Man Without Losing Your Mind*

1. Why is marriage so much harder than anyone ever dared to imagine?
2. Have most married women felt that their husbands are not the man of their dreams?
3. What are some common things men do that drive women crazy? What are some things that women do that drive men crazy?
4. Our society is plagued with high divorce rates and a deterioration of marriage and family. How can a happy marriage be a reality in today's society?
5. What can women do when their husbands have "stalled out"?
6. How can married couples regain their sexual drive when the attraction fizzles?
7. You believe that marriage is something that God will use to bring you closer to Him. What do you mean by that? How important is the spiritual element to marriage?
8. How can women stay true to God as the center of their relationships?
9. What are some of the characteristics of a God-honoring wife?
10. What are the two types of love? Why is a balance of each important?
11. Many married women prioritize their children over their husbands. Why is this dangerous to the relationship? How can women keep their spouses at the forefront?
12. The demands of mothering often feel overwhelming. What are the temptations of a modern mom? How can mothers deal with this?
13. Do you believe society is having an "electronic affair" with cell phones, palm pilots and laptops. How important is it to disconnect and focus on relationships?
14. "Fighting right" is a topic in your book. Is there a right way to fight? If so, how?
15. You write about the "cash clash," about financial mayhem in the household. How can couples work together and get on the same page with their finances?

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Story Ideas: *Loving Your Man Without Losing Your Mind*

Taking the Monotony Out of Monogamy: How a Happy, Vibrant Marriage is Possible

Davis shows women how to turn their monotonous marriages into a thriving, growing love relationship. This story would show how struggling marriages can recover and find new life.

Women Finding Marital Support Through the Internet

While researching for her new release, *Loving Your Man Without Losing Your Mind* Davis discovered invaluable input from other women who shared insight and support through the Internet.

Balancing Marriage and Parenting: The Dangers of Putting Children First

Too often, many parents place their children in higher priority than their spouses. Davis believes that the marriage relationship should be foremost in human relationships, and warns readers of the dangers of catering to their children.

Sexual Tension in the Workplace

Men and women are instinctively attracted to each other (physically, emotionally and spiritually). Davis cautions what is deemed appropriate behavior and boundaries need to be adhered to in the workplace. She explains that professionalism in a marriage should be esteemed the same as in the boardroom.

What to Do When the Man of Your Dreams is Driving You Crazy

According to Davis, most women come to a point when the “man of their dreams” no longer feels like one. However, she believes that the “perfect husband” and the one who drives you crazy are one in the same. Davis gives practical tips to prevent husbands from becoming “a thorn in your side.”

Underneath the Marlboro Man Perception

Men are wired for and desire respect from their wives especially during conflict. Davis reveals that during conflict men tend to withdraw because they need to manage their emotions and that resolving a conflict and making up are not the same ideas as it is for women.

Cultivating the Spiritual Aspect of Marriage

Davis believes that wives can draw the patience and strength to love their husbands best when they are in an intimate relationship with God. She shows women how to cultivate this relationship and how important the spiritual aspect of marriage is.

To discuss story or excerpt ideas, contact Ben Laurro at Pure Publicity at 818.753.4056 or Ben@purepublicity.com.