

GIRLS SEEKING AFFIRMATION AT A YOUNGER AGE: ASKING THE AGE OLD QUESTION - "AM I BEAUTIFUL?"

(Los Angeles, Calif) Today's teen girls are battling a true identity crisis evident in the pressure to look perfect and measure up to the media images they see on television and in magazines. Young girls are seeking affirmation found in the question all women ponder – "Am I beautiful?"

Author **Angela Thomas** explains that a modern day girl's behavior is a symptom of their deep-rooted insecurities, "Young girls are crying out to find security in their identity and it's reflective in the way their risqué clothing, rebellious behavior, sexual promiscuity and substance abuse while some fade into the background feeling unimportant."

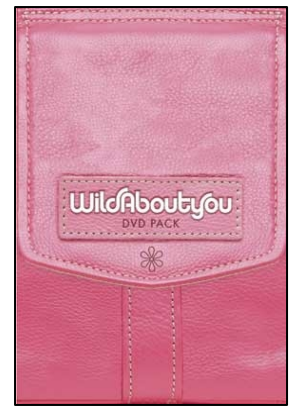
Thomas and LifeWay Church Resources have developed a six-week book/DVD study ***Wild About You***. The premise is to help teen girls discover a foundation to build their lives while allowing a group to share their innermost thoughts with each other. Thomas believes girls are falling prey to insecurities earlier in life and carry them into adulthood and need to find their identity in their faith, "Their faith will give them a solid foundation and they can live in confidence, trust and hope."

Wild About You is aimed at helping teen girls recognize their value as a child of God and challenged to celebrate and live in the freedom of knowing and believing in the unshakable and unquenchable love of God. "God does not require perfection, but rather our gracious obedience. In His eyes, our lives – complete with mistakes, blemishes, and imperfections – are a beautiful offering."

The DVD contains 6 video segments hosted by Angela as well as bonus interviews with the Christian rock band BarlowGirl. Also included in the DVD pack are a *Wild About You Leader's Guide* and a *Wild About You* girls' magazine. Girls are provided tips on skills involving listening, discussing, accepting, compassion and respect and relating those in their peer group.

Also included are teen-friendly quizzes and movie clips that will initiate discussion between girls on some of the most complex and pertinent teen topics including dating, understanding boys, fashion, resisting peer pressure, discovering their identity and nurturing a deep, meaningful relationship with God through topical issues including:

- Am I invisible or what? (No - You are noticed and loved.)
- What does God see in my anyway? (Why He's "enthralled" with you.)
- The voices of other loves (Boys, peers, girl friends)
- Whispers of unbelief (How to deal with fear)
- What lies to I believe? (media influences)
- Celebrating as the beloved (time to celebrate!)



Having quickly become one of the nations' most recognized and sought after speakers to women, **Angela Thomas** has toured the country as a guest speaker at a number of high-profile national conferences, including Girls of Grace, InJoy, THRiVE! and Focus On The Family's women's leadership conference, among others. A follower of Christ, mother, friend, best-selling author, speaker, and teacher, Thomas has a passion to reach young girls and women with a positive message of reassurance and acceptance. She is one of the country's most impacting and well-received speakers to women and teenaged girls in and outside of the church audience. For more information about Angela Thomas, please visit <http://angelathomas.com/>

Suggested Questions for Angela Thomas:

1. Why are younger girls struggling with identity issues at an earlier age?
2. What is your advice for young girls who feel invisible?
3. Wild About You is geared for a group of girls – how can an adult prepare to lead a group of girls?
4. What are some qualities the participants need to possess to participate?
5. What do you suggest for those girls who might not feel comfortable sharing some of their innermost thoughts or insecurities?
6. What are some topics they will cover?
7. What do you suggest to keep girls on the right track after they complete the DVD course?
8. Is Wild About You exclusive to groups only?
9. What are your thoughts for parents on preventing societal pressures from having a negative impact on a girl's self-image?
10. Why is faith so important to a girl's self-image?
11. What is your message to skeptics that feel religion may not be a lasting help because it does not address the deeper issues?