



# HOWARD BOOKS

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## **RUTH GRAHAM OFFERS A HOW-TO BOOK ON GETTING THROUGH CRISIS IN *FEAR NOT TOMORROW, GOD IS ALREADY THERE***

**IN BOOK MOTIVATED BY HER MOTHER'S DEATH TWO YEARS AGO, GRAHAM SHARES  
THE PERSONAL LESSONS THAT HELP HER COPE**

**BILLY GRAHAM TURNS 91 IN NOVEMBER; DAUGHTER RUTH REVEALS HOW HER FATHER  
TAUGHT HER WHAT GOD IS TRULY LIKE**

Whether it is the death of a loved one, abandonment by a spouse, the loss of a job, or a frightening diagnosis, we all have to deal with unpleasant, potentially debilitating events in our lives. In **FEAR NOT TOMORROW, GOD IS ALREADY THERE: Trusting Him in Uncertain Times** (Howard Books/A Division of Simon & Schuster; Hardcover; September 29, 2009; ISBN: 978-1-4165-5843-9; \$22.99) Ruth Graham provides the ultimate solution for dealing with life's difficulties and disappointments by asking readers to surrender those problems to God.

"I have discovered that defeating fear in my life begins with shifting my focus," writes Graham. "I take my eyes off the circumstances, off the source of my fear, and put my focus on God. Instead of mulling over the 'what ifs' in my future—instead of looking ahead with anxiety, trepidation, dread, or even horror—I make the choice to look at God, to consider His character, and to trust that the One who loves me is 'already there.'"

Graham speaks from personal experience in each chapter of **FEAR NOT TOMORROW, GOD IS ALREADY THERE**, providing a step-by-step guide in how to trust in God's plan and abandon the anxiety that is creating fear. Graham asserts that God is in control and that by letting go of your own plans and surrendering to his, you can find the peace you have always strived for and you can overcome your fear of tomorrow.

The death of Graham's mother, Ruth Bell Graham, two years ago prompted the writing of **FEAR NOT TOMORROW, GOD IS ALREADY THERE**. Graham also writes from the experience of other wounds, such as two failed marriages, a daughter with two out-of-wedlock children, and a son who struggled with an addiction. These real-life crises helped Graham reach deep into her faith and draw out the glittering nuggets of truth that will provide help and hope to anyone struggling with life's tragedies.

Graham also relates how the example of her father, evangelist Billy Graham, ultimately showed her how to experience God as "daddy," not just a remote authority figure. Of accepting her after sharing the news of her divorce, Graham writes her father "embraced me at my worst and loved me anyway. I experienced grace. I would not compare my father with God, but that day my father showed me in a very practical, gracious way what God is like."

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Ruth Graham, founder and president of *Ruth Graham and Friends*, ministers God's grace and comfort to those who are hurting and works to equip those who desire to help the broken. Author of multiple books including the bestseller *In Every Pew Sits a Broken Heart* and the 2008 Gold Medallion Award winner, *Step into the Bible*, she travels widely as a conference speaker and has appeared on a variety of radio and television shows, including *Good Morning America*, *The Hour of Power*, *Focus on the Family*, and *Moody Broadcasting*. A cum laude graduate of Mary Baldwin College, Ruth worked in publishing for thirteen years. Daughter of the beloved evangelist Dr. Billy Graham, Ruth has three grown children and six grandchildren. She lives in Virginia.

## Suggested Interview Questions

**Ruth Graham**

*Fear Not Tomorrow, God is Already There*

1. What inspired you to write *Fear Not Tomorrow, God Is Already There*?
2. How did the death of your mother, Ruth Bell Graham, impact your faith?
3. You write in your book about a time you went back to your parents' home after what you term a "major personal failure." Describe for us how your father's behavior gave you a glimpse of our heavenly Father's love for us, even in our darkest hours.
4. In *Fear Not Tomorrow, God Is Already There*, you write of the instances where a desired outcome does not happen. You explain that a principle you follow is to act in obedience like Joseph. Can you tell us a little about that?
5. You write that God tells His people to "fear not" because "He is with them." Tell us how we can experience God's presence in situations where we are fearful.
6. There's a section in your new book about the "freedom of desperation." You refer to the unclean woman who touched Jesus' garment. How does desperation truly free us?
7. During a visit home in which you liken yourself to the prodigal son, you mention that the pastor in Montreat preached a message on brokenness. You write that you wanted to go forward but felt that the embarrassment of Billy Graham's daughter going forward might be too terrible to bear. What did you do and how did God meet you there in your moment of decision?
8. How did your life's difficult moments prepare you to begin your ministry which became "Ruth Graham & Friends"?
9. What is the greatest spiritual principle readers can take away from *Fear Not Tomorrow, God Is Already There*?