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WHAT TEENS NEED TO KNOW ABOUT A GREAT SEX LIFE THE PHYSICAL AND EMOTIONAL CONSEQUENCES OF TEEN SEX

Dallas, TX: The battle between teenagers and sexuality rages on as today's teens continue to be desensitized to sex, due to the bombardment of sexually explicit television programs (*Jersey Shore* and *The Hills*) and creative ways of hooking up ("Sexting," Facebook and Twitter).

According to the National Campaign to Prevent Teen and Unplanned Pregnancy, one third of all young women become pregnant before they reach their 20th birthday. Seventy-nine percent are to unmarried teens.

Seeking to stand up for teens and empower them to speak for sexual purity is **Ron Luce**, the founder and president of **Teen Mania**, **one of the largest youth organizations in the world**, who encourages teens to know the facts about sex and sexuality so they can make wise, informed choices rather than just follow the "cultural norm."

In his latest release, ***Friends Without Benefits: What Teens Need to Know About a Great Sex Life*** (July 2010, Regal Books), Luce shares the thoughts and concerns regarding teen sex from a diversity of voices including parents, teens, married couples, virgins, sexually confused people—and even porn users.

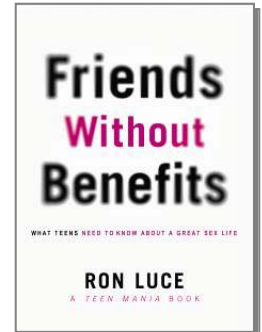
"Friends with benefits forces two parties into a strange, distorted commitment. It allows a guy to get sex without commitment or the emotional responsibility from a girl. It's also easier for him to end the relationship," explains Luce. "The girl will participate in hopes he will love her and fulfill her deep yearning to be loved, but she will settle for sex instead." *Friends Without Benefits* explores:

- **The Dangers of Friends with Benefits:** "It is basically selling your body to the person who won't love you for who you are."
- **Relationship Fears of Teens:** "Teens are becoming more afraid of commitment and getting their hearts broken. As a result, they don't consider a relationship, but rather the act of physical pleasure."
- **The Benefit of Waiting to Have Sex:** "Unmarried couples have less emotional satisfaction from sex than married couples. God planned for us to give all our passion and all our love to your spouse, the one person you are going to be committed to for the rest of your life."
- **The Influence of Parents on Their Teen's Decision to Wait or Have Sex:** "Most parents are afraid to talk about sex because they blew it and don't want to tell their kids the truth about their own background."

"Sex for many teens is like a drug. No matter how great the feeling is at the time, afterwards they are left with a massive feeling of emptiness and a craving for more," says Luce. "God wants us to be able to passionately express our love to our spouse alone, and sex outside of marriage will destroy what God designed to be amazing."

With their identities and self-images at stake, teens need to be educated on what is right, not what feels good. Designed for teens, *Friends Without Benefits* includes honest stories and discussion of issues that teens need to hear— also included is a Purity and Accountability Commitment Form.

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Author Information

Ron Luce is the founder and president of Teen Mania Ministries, a youth organization that has hosted more than 400 events around the world since 1986, reaching 1.7 million teens with the message of living completely abandoned for Christ.

Raised in a broken home, Luce ran away from home at the age of 15 and became involved in drug and alcohol abuse. Luce was taken in by a pastor, under whose roof he became a Christian. He then committed his life to evangelizing and indoctrinating young people. He received his bachelor's degree in Psychology and Theology from Oral Roberts University and his Masters in Counseling Psychology from the University of Tulsa. In 2002, U.S. President George W. Bush appointed him to the White House Advisory Commission on Drug-Free Communities, on which he served until 2004. Luce joined the board of trustees of Oral Roberts University in January 2008.

Luce is the author of several books including *Battle Cry for a Generation*, *When Teens Pray* and *Re-Create*. He is a sought-after speaker who has traveled to more than 50 countries and been a frequent guest on *The 700 Club*, *Focus on the Family* radio broadcasts and the *Trinity Broadcasting Network*. Luce and his wife, Katie, live near Dallas, Texas with their three children. His official web sites are www.teenmania.com and www.ron-luce.com.

Title: *Friends Without Benefits: What Teens Need to Know About A Great Sex Life* **Author:** Ron Luce **ISBN:** 13-digit: 978.08307.47177 10-digit: 8307.47176 **Publishing Date:** July 2010
Format: 5.25 x 7.25, 192 pp **Retail:** \$9.99 **Binding:** Paperback

Chapter Information:

Chapter 1: Friends with So-called "Benefits"

Chapter 2: What Your Friends Say About Sex

Chapter 3: What Our Culture Says About Sex

Chapter 4: What Ignorant People Say about Sex

Chapter 5: What Kids Say About Sex

Chapter 6: What Animals Say About Sex

Chapter 7: What Parents Say About Sex

Chapter 8: What Experienced Teens Say About Sex

Chapter 9: What Virgins Say About Sex

Chapter 10: What God, the Inventor of Sex, Says About Sex

Chapter 11: What Those Who Waited Say About Sex

Chapter 12: What Tempted People Say About Sex

Chapter 13: What Curious People Say About Sex

Chapter 14: What Sexually Confused People Say About Sex

Chapter 15: What Porn Users Say About Sex

Chapter 16: What Your Older Peeps Say About Sex

Suggested Interview Questions For Ron Luce:

1. What are some concerns parents should have regarding teens and sex?
2. How can parents be pro-active in helping their children understand the consequences of sex before marriage?
3. Why did you decide to address the teenage allure of friendship with sexual benefits?
4. Why do guys and girls participate in the behavior of friends with benefits?
5. What are some of the cultural fallacies of teens and sex?
6. What is our culture teaching young children about sex?
7. You write about the differences in the animal kingdom and sex. You believe that some of our sexual behavior is similar. How is this?
8. How can parents improve their communication with their teenagers regarding sex?
9. Are you saying that teens should not have any physical contact? What if this seems unrealistic to parents/teens?
10. Why do you believe that God and the Bible are the authority of sex? What is your message to those who think that message might be out-dated?
11. Why did you decide to include a chapter on teens and pornography?
12. What is the purpose and benefit for the teen purity and commitment form?
13. What were some struggles you had as a teenager? How are you able to still relate to teens today?
14. What are some projects that Teen Mania is currently involved in?
15. How are you and your ministry able to stay culturally relevant to teenagers even after 25 years?