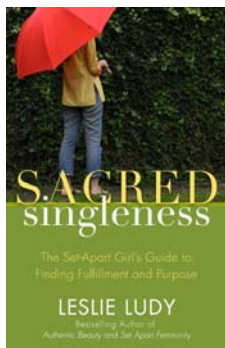


FOR IMMEDIATE RELEASE:

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Celebrating the Season of Singleness

Moving beyond the discontentment of single life and pursuing intimacy with Christ and service to others.



Denver, CO – Despite what some Christian authors and church leaders are promoting, the value and purpose of a Christian woman’s life is not merely to find a husband. . . inferring that a woman’s real life is “on hold” until marriage, and that being single equals an incomplete and unfulfilled existence.

This viewpoint is all too common in what author **Leslie Ludy** deems today’s shallow, self-absorbed Christianity. In her latest book, ***Sacred Singleness: The Set-Apart Girl’s Guide to Purpose and Fulfillment*** (Harvest House, August 2009), Ludy challenges the church’s attitude toward single women: “Young women who choose to wait on God’s perfect timing for marriage, trust Him to orchestrate the details of their love story, and seek contentment and purpose in their singleness are often labeled as ignorant and old fashioned,” she says.

Putting a radical spin on worldly dating advice, Ludy suggests that a young Christian woman should exchange a life built around the pursuit of Mr. Right for an undistracted, intimate relationship with Christ – spending her single years in joyful, sacrificial service for God’s kingdom rather than in the relationship rat race.

“This is not just a book about finding fulfillment in your singleness. It is about applying the Gospel of Jesus Christ to your singleness – awakening to God’s amazing purpose for this sacred season of life,” says Ludy, who weaves her own personal story from singlehood to marriage with those of other young women who have triumphed in their singleness. Ludy unapologetically delves into these key singles issues in *Sacred Singleness*:

- **How to let God script your love story in His own time and way:**
“As odd as it may sound, I believe the best way to find a godly marriage partner is to stop hunting for one, and instead focus your entire life around Jesus Christ and His priorities. We should never put off fulfilling God’s calling upon our life because we haven’t met our man yet.
- **How to Find A Christ-Built Man:**
“Christ-built men are not found in the singles’ scene on the prowl for women, but on their knees in prayer or pouring out their life to build the Kingdom of God. And if you give yourself to these very same activities you are far more likely to meet the man of your dreams than if you put everything on hold until you find a spouse.”

~more~

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- **How to find fulfillment in Christ without the constant need for a man:**
“If you are longing for romantic fulfillment in your life, look no further than Jesus Christ. There is no other way to find what you are searching for, even if the most gorgeous and gallant man carried you away to the most glorious castle in the world.
- **How to live a purposeful, fulfilled, and others-centered life before you meet your husband:**
“In our single years, more than ever, we have the ability to give our life for the destitute and dying; to pour out our time, energy, love, and resources for those in need. Are we using this gift for the benefit of the least and lost, or are we using these years for our own selfish agendas?”

Whether the single season proves to be short, extended, or lasts a lifetime, the message for today’s single woman is the same: contentedness in Christ first is the key. “Our fulfillment can’t be found in marriage, children, or fairy-tale dreams come true,” Ludy says. “Until He is our all in all, we aren’t truly living the Gospel life.”

Leslie Ludy is the bestselling author of *Set-Apart Femininity*, *When God Writes Your Love Story*, and more than a dozen other books co-written with her husband, Eric. She is passionate about helping young women discover their destiny in Christ. Leslie and Eric live with their four children in Colorado. For more about Leslie and her ministry, visit www.setapartgirl.com and www.ericandleslie.com.

About Sacred Singleness:

Sacred Singleness by Leslie Ludy. Published by Harvest House Publishers. August 1, 2009. Soft cover, 176 pages. \$11.99. ISBN: 978-0736922883.

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Suggested Interview Questions

For Leslie Ludy author of *Sacred Singleness*

1. Describe your own journey of surrendering your love life to God.
2. Why do so many women settle for less than their best when it comes to a marriage partner?
3. Why is it necessary to become fully content with singleness? How can a young woman do that?
4. The church tends to view discontentment with singleness as God's way of suggesting that a young lady should marry. Why is this dangerous?
5. You believe that often God waits to bring a future husband until a woman's heart is fully His. If God doesn't withhold any good thing, how is a single woman supposed to view this reality?
6. Is it truly possible to make Christ your "all in all"? How so?
7. How can a single woman still desire marriage without it consuming her every thought and action?
8. When can she know if she has crossed the line and has made an idol out of marriage?
9. Should a single woman be proactive in finding a husband, especially if she is older or there aren't a lot of available men around? What about the idea that "God can't steer a parked car?"
10. Talk about the story of Ruth in the Bible. She seems the proactive type. What is your take on her relationship with Boaz?
11. What if a young woman feels she's made too many mistakes in this area of her life? Can she still expect God to script a beautiful love story for her if His plan for her life is marriage?
12. Many of the stories you have included in your book are from young women in their twenties and in their 30s. Why have these stories inspired you?
13. What are some practical ways single women can use this season of their lives to impact the world with the love of Christ?

For an interview or to receive a review copy, contact Jen McDow at Pure Publicity at 615.400.6996 or Purepublicityjm@aol.com.

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