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Group Publishing Adds New Women's Bible Study Titles "Simply Relevant" Relational Series Offers Studies on Patience and Self-Control

Denver, CO: In a recent survey among women, 70% said that when it comes to the Fruit of the Spirit, the areas they need the most improvement are self-control and patience. The women's ministry team at Group Publishing, a leader in Biblical resources, has added two more study guides in its *Simply Relevant Relational Bible Series for Women*.

Simply Relevant: Savor the Moments and ***Simply Relevant: A Taste of Freedom*** encourage women to experience a deeper connections with each other and their faith while examining and overcoming issues related to patience and self-control, two issues most women struggle with today. Both are six-week Bible studies

Simply Relevant: Savor the Moments helps women grow in the fruit of the Spirit of patience, gain a greater understanding of God's patience, and recognize how the Holy Spirit will help them become more patient. Session topics include the following:

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| Session 1: Slow to Anger | (Learning About God's Patience) |
| Session 2: A Fruit of the Spirit | (We Want God's Patience But How Do We Get It?) |
| Session 3: Patience in the Small Things | (Grocery stores, Traffic Jams and Long Lines) |
| Session 4: Love is Patient | (Patience with Those We Love Most) |
| Session 5: Patience in God's Timing | (This Isn't What We Had Planned) |
| Session 6: Patient to the End | (Be Patient and Stand Firm) |

Simply Relevant: A Taste of Freedom provides practical advice on how women can discover and demonstrate the art of self-control. Women will recognize that having self-control creates more freedom in their life. Sessions include the following:

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| Session 1: Taste and See | (Self-Control Tastes Good) |
| Session 2: Bitter or Better | (Making Spirit-Led Choices) |
| Session 3: When the Refrigerator Calls | (Finding Protection in God's Will) |
| Session 4: Spicy or Sweet | (Savoring the Sweetness of God's Love) |
| Session 5: Flavors for Life | (Recipe for Successful Self-Control) |
| Session 6: Nourishing Freedom | (Celebrating the Healthy Taste of Freedom) |

Women will begin each session with a snack and social time before participating in an activity leading them into an intriguing study. Both studies are applicable for those who have never spent time in the Word as well as those who have studied the Bible for years. Women will develop a deeper faith experience through prayer, scripture and friendship and discover the relevance in God's Word —regardless of their spiritual backgrounds or life experiences.

Both study guides include notes for the hostess, snack ideas, tips for creating a warming atmosphere, mingling suggestions and a short prayer. Also included are scripture readings with life application and discussion questions. Each lesson is less than two hours and requires no homework.

