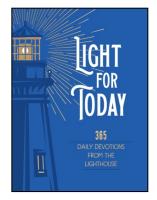


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## **LIGHT FOR TODAY**

Fox News Religion Correspondent Lauren Green Offers Reflections on the Love and Character of God



New York, NY: A lighthouse offers a promise of safety, warning travelers of unforeseen danger and guiding them along their journey. It symbolizes hope and salvation. Similarly, God, who is the Light of the World, is our refuge, leading and beckoning us to safety during the storms of life.

The turbulence we endure is often a product of our choices, beliefs, and the world around us. But when God's truth and presence become our life's foundation, we remain unmoved by the changing of our moods and culture, which frees us to live in confidence and peace.

**Lauren Green**, Chief Religion Correspondent for Fox News Channel, and host of the podcast *Lighthouse Faith*, reminds others in her book *Light for* 

*Today* (Broadstreet Publishing) that despite the fogginess of our world and its cultural pressures, mistruths, and lies, we can fully depend on our ever-present God.

Lauren's book further offers daily readings that blend experiences from her own life, her observations as a journalist, and her favorite Bible stories to help readers strengthen their spirits in God's truth and love. Her insight featured in the book includes:

- **God's Overcoming Power:** We often get stuck worrying about our problems, but we can find solutions when we bring our problems to God, who is greater than our worries and holds every answer. Through the death and resurrection of Jesus, He has gifted us with everlasting peace and comfort. (Psalm 119:111)
- **God's Will:** We need to ask ourselves daily if we are doing God's will or following our own. When we take our eyes off Jesus and stray from God's will, we risk having to face unintended consequences. The Bible is our manual for life and the one to follow if we want to enjoy the hope and happiness found in God. (1 Peter 5:8)
- **Discerning Good from Evil:** The Bible warns us against evil's deceptive allure and its power to destroy our lives. Thankfully, Satan's power is limited because Jesus defeated Satan and his lies on the cross. When we turn to Jesus, His teachings, and his love, we can discern darkness from Light. (Isaiah 5:20)
- The Most Loving Father: Many people do not know the blessing of loving parents. As we pray and grow closer to God, we come to understand that our eternal Father will never leave or abandon us, and we can all find comfort in the knowledge that He knows our circumstances and offers us the greatest, most fulfilling love. (Ezra 3:11)
- **Speaking Truth in Love:** While truth sometimes creates conflict among people, love protects our relationships. Jesus didn't tell someone what they wanted to hear but what they *needed* to hear. Throughout the Bible, we read how He transformed hearts and lives through truth and love. (Ephesians 4:15–16)

Lauren understands the value of embracing the comfort and assurance of Scripture and understanding God in a more personal way.

"Throughout my life I have come to understand different aspects of faith and religion, but when I intentionally committed myself to praying and reading God's Word every day, I discovered a deeper wisdom of God and his grace," shares Lauren. "We often become so busy that we leave hidden or forgotten our most important relationship with our Creator...the only one who offers us truth, light, and safety in the chaos of life."

Lauren believes we can call ourselves people of faith but that our lives reflect our true beliefs. When we consider the idols that control us, we gain a better understanding of our identity and our idolatry. If we truly love God, then we will reflect His love and help others, even unbelievers, come to understand God and his truth.

In *Light for Today*, Lauren Green offers readers hope and encouragement to strengthen their spirit through turbulent times, build confidence in God's unending faithfulness, and become a shining beacon of Christ.

## **About the Author:**



pageant in 1985.

Lauren Green is the Chief Religion Correspondent for Fox News Channel and has been with the network since 1996. She is also the author of *Lighthouse Faith: God as a Living Reality in a World Immersed in Fog* (Harper Collins 2017) and *Light for Today* (BroadStreet 2024). She hosts a podcast, *Lighthouse Faith*, and a weekly faith radio feature on Fox News Radio.

Born in Minneapolis, Minnesota, Lauren was raised in a Christian home with four siblings. She attended grade school with the musician Prince and later appeared as a news anchor in one of his music videos. She was also named Miss Minnesota in 1984 and placed third runner-up in the Miss America

Lauren earned a Bachelor of Music in piano performance from The University of Minnesota and is a classical pianist. She attended graduate school at Medill School of Journalism at Northwestern University and has interviewed some of the most prominent people in the classical music world, including Placido Domingo, Pierre Boulez, and Joshua Bell. She released a debut CD titled *Classic Beauty* featuring classical piano music.

Lauren and her husband, Theodore Nikolis, live in New York City. More information about Lauren is available at <a href="https://www.lighthousefaithbook.com">www.lighthousefaithbook.com</a> or on Facebook @LaurenGreenFox.

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## **Suggested Interview Questions for Lauren Green:**

- 1. Tell us about Light for Today. What prompted you to write this book?
- 2. What is your hope for readers of this book and listeners of your podcast?
- 3. How would you compare our faith in God to that of a lighthouse?
- 4. Why do you believe it is important for Christians to study his Word daily and to learn about the armor of Christ?
- 5. How do you encourage others to search for truth in today's culture?
- 6. You grew up in a Christian home with both of your parents and four siblings. Did this influence your belief that the presence of parents in a child's life is of great importance?
- 7. Although you grew up understanding faith, when did you come to understand its deeper meaning?
- 8. How do you balance your career as a journalist with your Christian faith?
- 9. Share what happens when our foundation for life is rooted in our feelings rather than godly truth.
- 10. What do you say to people who feel distant from God or do not believe He hears their prayers?
- 11. You are a classically trained pianist who has performed for notable people, and you released an album. When did you learn piano, and what inspires you to play?
- 12. Why do you feel it is important for every person to ponder their relationship with God? Do you believe our relationship with him is the anchor for our beliefs and behaviors?
- 13. Tell us about your podcast, *Lighthouse Faith*, and why you started it.
- 14. Where can we learn more about your podcast and other endeavors?

## Notable Quotes from Light for Today

We can learn so much from the account of Jesus in the wilderness. But one of the most striking things is how to resist temptations. They often come when we are weakest. What's compelling about the exchange is that the devil uses Scripture to tempt Jesus. But Jesus knows that Satan has twisted its meaning. The devil believes in God and even knows God's Word. And if he's not afraid to quote Scripture to the Son of God, he's certainly not afraid to use it on us. Matthew 4:1 (p. 11)

Doubt and unbelief are real aspects of our lives. Sometimes we're embarrassed to admit we have doubts, but Jesus understands. Jesus knows that the world's sounds and visions, what we see and hear, are so strong that they often have greater influence on us. It's the "seeing is believing" philosophy. But Jesus operates on the "believing is seeing" track. He has compassion for our unbelief especially when we boldly admit it and ask for his help to overcome it. (p. 74)

If we are strong enough to face the truth, we must admit that we are never quite as good at something as we think we are. It can be terribly disheartening when imperfection is confronted with what seems like perfection. But the good news is that Jesus, through his sacrifice on the cross, has filled the chasm between imperfect humans and a holy and perfect God. Where once no one could stand before God as a perfect human, we are now assured that it is Jesus' record that allows us to lay bare every sin, and we know that even though we may never attain perfection, we have an advocate standing in our place who has. Psalm 51:10–12 (p. 99)

Anger is an emotion that is often misunderstood. Anger is also an expression of love. If we love someone or something, we get angry at what may be hurting them, whether it is a terrible situation like war or abuse or their own self-destructive behavior. However, because we're sin-based creatures, our loves—and hence our anger—are never perfect. Only God's anger is justified because only God has all the facts. Our endgame tends to be revenge, to see the other person suffer, to exact a heavy price for their misdeeds. But God's endgame is repentance and redemption. Our anger leans toward retaliation. God's anger is based on love for the saving of souls. Romans 12:19 (p. 135)

Even before all our physical parts were formed, the genetic blueprint existed, and God knew it intimately. God knows us so much better than even our closest friends, siblings, and even the mother who carried us in her womb. God knew you before your mother even knew she was pregnant. Our lives have always been in the maker's hands. And we are to be grateful that God through Jesus Christ has given us tremendous and amazing grace to bring us this far. Though we fail him many times, he has never failed us. Our prayer should be that he will continually lead us through this life and one day call us home to be with him. Psalm 139:15–16 (p. 186)

The tendency to judge others and question God makes us blind to the sins controlling us while shining a bright light on other people's misdeeds. This is not to say that evil things are not happening. But God's judgments are based on his perfect knowledge. And by those standards, we all fall short. God is doing and has done something about the evil in this world, both our own sins and the sins of others. Jesus Christ dying on the cross was more than just one man's sacrifice for a few bad folks. It was the climax of human history that began the potential transformation of every human heart. Malachi 2:17 (p. 211)

At times, all our own resources are exhausted. Our mind is tired; our bodies are worn out; and the paths once wide open to us have narrowed and seem impassable. God has assured us that he is the Light we must look to for all our needs and the rest that brings relief from the toils and tribulations of life. Because in him, there is no darkness. Jesus on the cross suffered the ultimate cosmic darkness, separation from God. But his birth, death, and resurrection brought the ultimate light into the world and intimate closeness to God. It means that in our earthly hours of darkness, we can turn to God for comfort, yes, but also just to know that he is handling it. Psalm 18:28 (p. 357)